

I Was Exposed to Hepatitis A

Now What?

Hepatitis A is a virus that can cause serious liver infection that can lead to hospitalization or even death. The virus is easily spread person to person.



Who is at risk?

Anyone can get hepatitis A. Some people have a higher risk, like people who:

- use drugs
- are homeless
- have been in jail recently
- men who have sex with men
- people who have close contact (for example, live or have sex) with someone who is infected



What if I have symptoms?

Call your doctor or go to the hospital



How can I protect myself?

- Hepatitis A vaccine is the best protection
- Wash your hands after using the bathroom



What are the symptoms?

- Stomach pain
- Diarrhea, vomiting, nausea
- Fever
- Body aches and fatigue
- Yellow skin or eyes
- Dark pee or light poop



Where do I get a vaccine?

- Call the local health department **(855) 472-3432** to schedule an appointment.
- At your doctor's office or local pharmacy (like Walgreens or CVS).

A family member or friend has hepatitis A. What do I do?



Do

- Get a vaccine within two weeks of your last visit with that person
 - Call your local health department to get a free vaccine
- Clean your bathrooms with bleach and use gloves for protection



Don't

- Share bathrooms with someone who is infected with hepatitis A for two weeks
- Have sex with someone who is infected with hepatitis A
- Allow someone with hepatitis A to prepare food or drinks

